

Coastal Youth Orchestra 5K and Fun Run

"Go for Baroque....out and Bach"

Sunday April 29th, 2018

Fun Run 9:00 AM ~ 5K 9:30AM

REGISTRATION FORM

NAME _____ MALE _____ FEMALE _____

AGE _____ ADDRESS _____

EMAIL _____

Telephone _____

T-SHIRT SIZE ADULT (Circle One) XS S M L XL Youth L

5K RACE 1st 75 to register for 5K will receive a free t-shirt!! (walkers are welcome)

5K
(\$25) _____

5K 18 years old and under
(\$20) _____

Fun Run with t-shirt (must pre-register)
(\$20) _____

Fun Run not including t-shirt
(\$10) _____

We know that running a road race is a potentially hazardous activity and that I should not enter and run unless I am medically able and properly trained. I agree to abide by any decision of a race official relative to my ability to safely complete the run. I assume all risks associated with running in this event including, but not limited to: falls, contact with other participants, the effects of the weather, including high heat and/or humidity, traffic and the conditions of the road, all such risks being known and appreciated by me. Having read this waiver and knowing these facts and in consideration of your accepting my entry, I, for myself and anyone entitled to act on my behalf, waive and release the organizers of the Coastal Youth Orchestra 5K and Fun Run and any other sponsors, their representatives and successors from all claims or liabilities of any kind arising out of my participation in this event or carelessness on the part of the persons names in this waiver. Further, I grant permission to all of the foregoing to use any photographs, motion pictures, recordings, or any other record of this event for legitimate purposes.

Signature / Date: _____

Mail in Registration to:
Coastal Youth Orchestra
P.O. Box 737
Brunswick, ME 04011

Checks payable to: Coastal Youth Orchestra

For questions, contact Nancy Roderick 751-4718 or nroderick@mainecoastwaldorf.org

<http://www.coastalyouthorchestra.org>

(and look for us on facebook!)